

Contraception & Sugammadex

During surgery, muscle relaxing medications are sometimes required. If these are used, another medication is given at the end of the procedure to allow your muscles to return to their full strength (called “reversal”).

During your anaesthetic, you were given a reversal medication called Sugammadex.

Sugammadex can interact with contraception medications and temporarily make them less effective. This could result in an unplanned pregnancy.

If you take an oral contraceptive (‘The Pill’):

After having Sugammadex, you should follow the instructions on the pill packet for when you miss a pill (even if you have taken your pill as usual).

This is for both the combined oral contraceptive pill (with oestrogen and progesterone) and the progesterone only pill.

If you use other hormonal contraception:

These include:

- Contraceptive implants (e.g. Jadelle, Implanon)
- Hormonal intra-uterine devices (e.g. Mirena)
- Contraceptive injections (e.g. “Depo”)
- Contraceptive patches
- Vaginal rings

These can also be affected by Sugammadex. You will need to use a non-hormonal contraception method (e.g. condoms) for seven days after having Sugammadex.

If you have any questions about this or other aspect of your anaesthetic care, talk to the nurses and anaesthetic doctors caring for you.